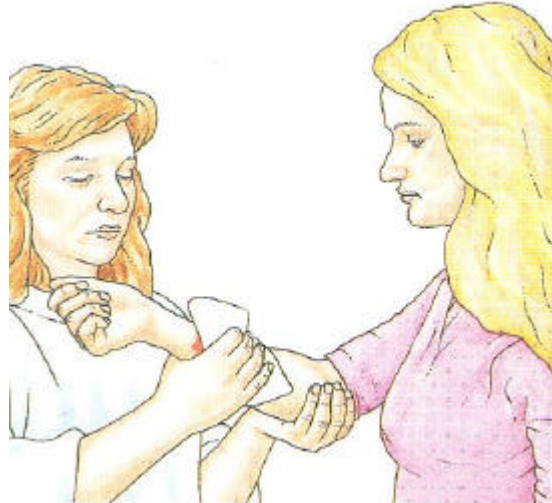


Bleeding

Use direct pressure to control serious bleeding:

1. Cover the wound with a dressing, clean material (or your hand).
2. Apply direct pressure, squeezing the edges of a gaping wound together gently but firmly.
3. If there is an object in the wound, squeeze the edges of the wound gently around it.
4. Lay the casualty down, raise the injured part as far as possible and support it.



5. Bandage firmly (but not so tightly that circulation is cut off) to hold the dressing in place.



6. If blood soaks through, apply more padding and bandages on top of the original ones.
7. Seek Medical Attention if required.



Remember always use Clean Sterile bandages or padding